

Associated with caring because we live here, too.

Premier community banking
for the greater Madison area.

At Associated, you'll find us behind the scenes of community projects large and small, because we know that working together for a common goal is what keeps our communities strong, vibrant and growing. We offer full-service banking for individuals and businesses. Call us today. We'll help you achieve your goals.



Associated Bank

associatedbank.com

*The Madison area's most convenient bank.
The most locations, ATMs and 7-day-a-week supermarket banking.*

Stoughton 117 King St. (608) 873-6666 • **Monona** 6007A Monona Dr. (608) 226-7720
Madison 4407 Cottage Grove Rd. (608) 221-3811 • **Cub Foods East** 4141 Nakoosa Tr. (608) 245-2095
2001 Londonderry Dr. (608) 241-1771 • **McFarland** 5220 Farwell St. (608) 838-3101

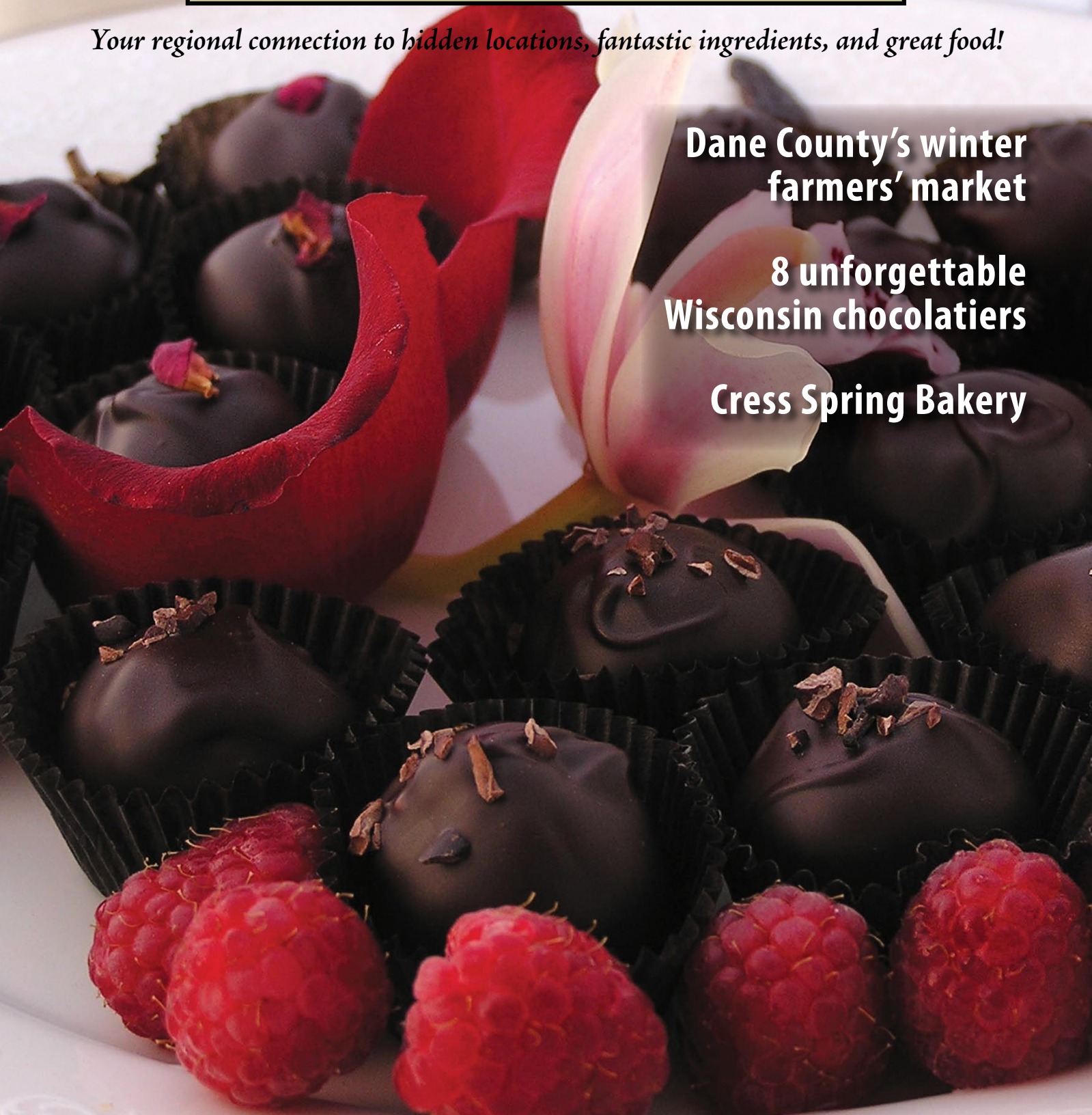
Bountiful Cupboard

Your regional connection to hidden locations, fantastic ingredients, and great food!

**Dane County's winter
farmers' market**

**8 unforgettable
Wisconsin chocolatiers**

Cress Spring Bakery



Bountiful Cupboard

Your regional connection to hidden locations, fantastic ingredients, and great food!



Enjoy eight *regular* issues plus two *special* issues per year featuring engaging, insightful articles that bring you the best sources for the finest produce, meats, grains, beverages, dairy products, and more in the area.

- Read the fascinating stories of local, regional, and national producers and suppliers who offer the best available products.
- Use our Bountiful Food Finds to locate seasonal and unique products offered by farmers' markets, foreign food markets, and retailers.
- Use the Bountiful Marketplace to find those hidden orchards, wineries, cheese factories, and other unique shops and markets that satisfy your adventurous palate.
- Enjoy exceptional recipes and news shorts that reflect a breezy, easy-to-read style.
- Learn how it used to be with our historical featurettes gleaned from antique cookbooks and other kitchen sources.

Subscribe

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____



1 Year: 10 issues for \$14.95

2 Years: 20 issues for \$21.95

Please send your payment to: Bountiful Cupboard, 2364 Jackson Street, Suite 306, Stoughton, WI 53589. Contact: info@bountifulcupboard.com

www.bountifulcupboard.com



3



10



15

2 Editorial

3 A reason to break bread

You have to get up pretty early to catch Jeff Ford of Cress Spring Bakery feeding fresh-risen bread into the baking cavity of his wood-fired oven. But try their breads and pastries and you'll know it's worth it.

7 The winter farmers' market

Fresh farm produce in winter? Are we talking about Wisconsin? Yes, and yes. Explore the Dane County Winter Farmers' Market. You'll be delighted with what you find.

10 Taste of Wisconsin chocolate

Join Wisconsin chocolatiers in their quest for the perfect piece. Learn their inspirational stories and passion for what they do. Find out where to get your chocolate fix — its closer and more affordable than you think. Valentine's Day may be gone, but taste buds live on.

15 The biggest secret in sausages

Bavaria Sausage company is a Wisconsin gem. Bratwurst, domestic and imported cheese, smoked fish, sauerbraten, sausage, and much more. Step inside and your mouth will water.

20 Limburger, a smelly delight

The world's smelliest cheese is produced in only one location in America, Wisconsin. Cut the cheese with a charming story of this aromatic favorite.

9 Bountiful Food Finds 19 Food History 21 Marketplace

Cover Photo: Photographer Tim Mulholland for Gail Ambrosius chocolatier. "Raspberry topped with crushed roasted cacao beans (nibs)." Delicious!

Bountiful Cupboard

Your regional connection to hidden locations, fantastic ingredients, and great food!

STAFF

- | | |
|--------------------------|--|
| Mary-Carel Verden | <i>Publisher/Creative Director</i> |
| Gary Cox/Cox & Co. | <i>Art Director</i> |
| Henry Verden | <i>Editorial Director</i> |
| Ann K. Fulton | <i>Advertising Director</i> |
| William C. (Bill) Lubing | <i>Managing Editor/Contributing Photographer</i> |
| Kate Gillman | <i>Artist and Magazine Production</i> |
| Beth Wachter | <i>Office Manager</i> |

Bountiful Cupboard is published ten times per year, with eight monthly issues and two special issues by Grote Deutsch & Co., Inc., 2364 Jackson Street, Suite 306, Stoughton, WI 53589.

Telephone: 608-877-0766
 Fax: 608-877-0688
 Email: sales@bountifulcupboard.com
 or info@bountifulcupboard.com

Visit us online at www.bountifulcupboard.com.

Contents of this publication copyright © 2007 Grote Deutsch & Co., Inc. Contents may not be reproduced in any form without the express written permission of the publisher. Views expressed herein are those of the contributors and not necessarily those of Bountiful Cupboard or Grote Deutsch & Co., Inc. Contributions are welcome but will not be returned to the author unless accompanied by an SASE.

For advertising information contact Bountiful Cupboard at 608-877-0766 or sales@bountifulcupboard.com.

Ken's Automotive

We Can Handle All Your Automotive Needs

PREMIUM SERVICES

- | | |
|------------------|--------------------------|
| Air Conditioning | Emissions |
| Alignment | Engine Repair and |
| Brakes | Replacement |
| Clutches | Fuel System |
| Cooling System | Starters and Alternators |
| Cruise Control | Steering |
| Drivability | Suspension |
| Drive Train | Transmissions |
| Electronics | Windows |



Harland Hoveland & John Gilchrist

4715 Farwell Street, McFarland, WI
 (608) 251-1771 Call For an Appointment

Email: kensauto@kensauto.biz • www.kensauto.biz



Are You a Foodie?

I've been a foodie for a long time—way back before there were “foodies.” I’m not sure when or where it started. All I know is it began on trips with my parents as a kid. We traveled the U.S. and took a few overseas trips. That travel, no doubt, opened my eyes (and my taste buds) to the infinite variety of food in the world. Or perhaps it was later, helping my mother cook for and hostess foreign food parties that were the hottest trend in the late sixties and seventies. Or watching my grandmother’s cool, weathered hands kneading and forming her famous walnut prune bread, waiting anxiously for the first warm slice after smelling it all afternoon. Maybe it was when my husband started taking me to firemen’s festivals, corn festivals, tater toots, and cheese factories all over Wisconsin on dates in our early years together. The taste sensation of fresh, squeaky, salty cheese curds and ice-cold Swiss Crème soda still lingers vividly in my memory of those long, lost summer days.

Whatever it was that got me started, over the years we’ve continued experimenting with foods of all sorts, ferreting out interesting food finds, and attending those fascinating and occasionally outrageous food festivals wherever and whenever we can.

That’s what *Bountiful Cupboard* is all about—sharing the information we’ve gathered about where to get great food, great kitchen tools and gadgets, and great beverages. Wherever we went in the last few years it seemed that someone would stop us to ask about where to go to pick apples, where to find a corn maze, where there was a farmers’ market or winery, and when the cranberry festival was happening. They wanted to know where to get organic milk and where we got the delicious wild rice brats we’d brought to a party. So we decided that it was time to start a publication for other people in search of interesting, fresh, tasty ingredients...and *Bountiful Cupboard* was born.

Welcome to our first issue—we hope you enjoy the results as much as we enjoy the hunt.

Mary-Carel Verden
Publisher and Freelance Foodie

GIRLS' DAY OUT SPECIAL!!!

MADISON
SALON WEST

601 N. Whitney Way, Madison, WI 53705

608-233-0357

Just minutes
from campus
off University Avenue

Walk-ins welcome!

**10% off first visit or
come in with a friend
and you both get**

20% off!

valid only for new customers
offer ends 9/1/07

Cut • Color • Manicure • Pedicure • Waxing • Massage • Permanent Makeup • Electrolysis